

LONDON

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## ARGENTINA'S MESSI-ANIC COMPLEX

SUPERSTAR STRIKER LIONEL MESSI SCORES TWO IN 3-2 WIN OVER NIGERIA TO ADVANCE TO THE NEXT ROUND, THE SWISS ADVANCE WITH 3-0 WIN OVER HONDURAS AND FRANCE MAKES IT THROUGH WITH A DRAW AGAINST ECUADOR **PAGE 22**

## Speed kills, say OPP – so slow down

Number of speed-related deaths in Ontario have more than doubled over the same period last year, provincial police say **PAGE 3**

## Bicycle thief busted, thanks in no way to passersby

35-year-old man nabbed after London police sting operation **PAGE 4**

## At least 21 killed in Nigerian bomb blast

Seventeen more were wounded after extremists attack shopping mall **PAGE 7**



Friday's Jackpot

**\$21 MILLION**

estimated



# Many happy returns

**Ward 5.** Russell Monteith joins London City Council on his 80th birthday



**MIKE DONACHIE**  
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It was an amazing birthday for London lawyer Russell Monteith.

Earlier in the day on Wednesday, the former deputy mayor had been cutting the cake for his 80th birthday. Then he heard — via a phone call from Metro — that he'd been chosen as the city's new council member. He laughed aloud and said he was thrilled.

"I think he'd make a great choice," Coun. Bud Polhill had told city council at the meeting when Monteith was picked to fill the empty seat in Ward 5. That was declared vacant Tuesday after Joni Baechler was named interim

mayor, replacing Joe Fontana.

It was too close to the municipal election for a public vote to be held on the north London seat, so council agreed to pick a Londoner from those who had applied by 11 a.m. Wednesday.

City clerk Cathy Saunders produced a list of four names: Karim Bardai, Mariam Hamou, Garth Williams and Monteith. Councillors were asked to nominate people from that list, and, again and again, they nominated Monteith.

In the end, 11 councillors voted for him, then all 13 members present — Coun. Nancy Branscombe wasn't there — voted for a motion confirming the lawyer as a member.

Russell Monteith served three terms as a board of control member, starting in 1997. That includes one term as deputy mayor. He's lived in London since 1974 and practises law, mainly estate law, from an office on Queen's Avenue, just a couple of blocks from

city hall.

But, asked what he can achieve as a councillor for just five months, he replied with a smile: "Not much."

"I think we have to be realistic about it," Monteith said. "We can set the tone for what the next council will do."

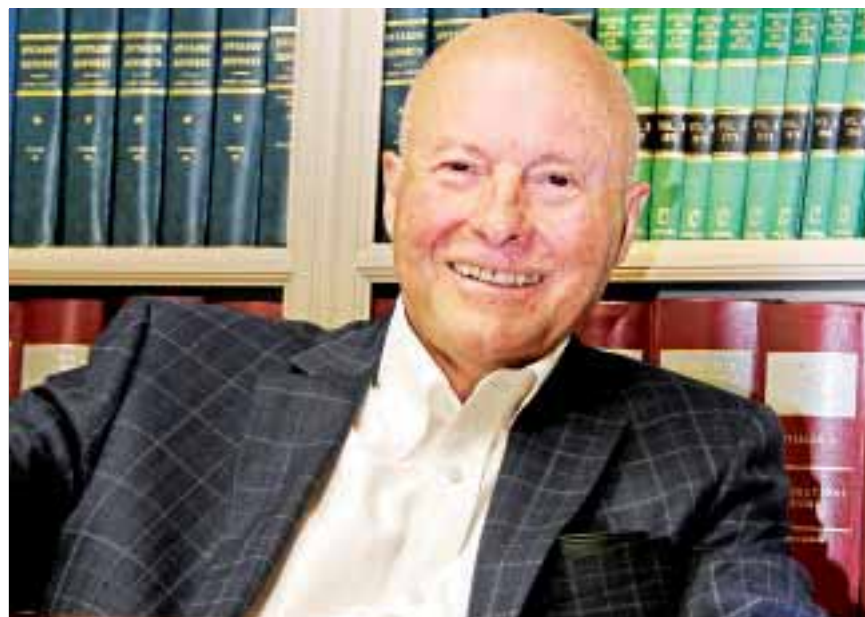
"There are some good ideas on council's agenda at the moment. Maybe something can come from some of those."

He is especially interested in the opportunities offered by the former Victoria Hospital lands on SoHo, which the city is about to offer for sale.

And Monteith, while agreeing that city council's had some tough times, said he wants to focus on the positives, and that London has great assets in its transport links, its water supply, its educational institutions and more.

But Monteith added that his motivation for running back in 1997 remains true.

"London can do better," he said.



**Russell Monteith, who has become London's newest city councillor, in the boardroom of his offices on Queen's Avenue. MIKE DONACHIE/METRO**

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**Kingsmill purchase?**

**Fanshawe set to declare expansion**

Fanshawe College is expected to announce Thursday that it will buy the Kingsmill building on Dundas Street toward what a release calls an “exciting expansion in downtown London.”

It would serve as a second centre in the core, along with the Centre for Digital and Performing Arts.

Tim Kingsmill revealed plans to close the store and retire last September.

At one time it seemed the Pillar Non-Profit Network would take control of the property, but that deal fell through. Fanshawe explored the possibility of purchasing the Market Tower at Dundas and Richmond streets, but backed away in January.

The 73,000-square-foot building is scheduled to close July 31.

SCOTT TAYLOR/METRO

**Lake Erie**

**OPP patrol boat stolen, set on fire**

Ontario’s provincial police say one of their patrol boats was stolen and set ablaze in Lake Erie on Wednesday morning.

Investigators say the seven-metre vessel was taken from a marina in Port Stanley around 2:45 a.m. and driven about a kilometre to Port Stanley Harbour, before being set on fire and destroyed.

The vessel was responsible for marine safety, security and rescue operations along about 70 kilometres of shoreline and to the U.S.-Canada border on Lake Erie.

A temporary replacement is being arranged.

THE CANADIAN PRESS



Mayor Joni Baechler, left, is sworn into office by city clerk Cathy Saunders, outside the mayor's office at city hall on Wednesday. MIKE DONACHIE/METRO

# City's new mayor swears the oath

**Mayor Joni Baechler.**  
Councillor insists her new gig will not affect decision to leave politics



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London's new mayor welcomed her new job with an enthusiastic “Woo-hoo!” on Wednesday.

Joni Baechler, a city councillor since 2000, will end her time at city hall as London's 60th mayor. She was sworn in by city clerk Cathy Saunders

and will serve as interim mayor until Nov. 30, finishing the term begun by Joe Fontana. That's when the next elected mayor — following the election on Oct. 27 — will take over.

Again, Baechler insisted she will leave politics after this term.

“I would have a hard time saying I'm not seeking re-election and then trying out an office and saying, ‘Oh, I like it. I'm staying,’” the new mayor said.

So this is it: Just five months. But, temporarily or not, she is the mayor. City solicitor James Barber has explained to council that the

interim mayor, when in office, carries all the duties and powers of any mayor.

The uncertainty of recent weeks — since Fontana was convicted of three offences, including fraud, stepped down and was replaced by acting mayor Joe Swan — have brought the issue of a deputy back to the fore. Baechler said “it's time to revisit” that idea.

And she began her short term of office with words of optimism.

“Members of the public want to see a government that will work together and they can be proud of,” she said.

Then she said, “Woo-hoo!” and went to work.

**Swan's future**

Coun. Joe Swan, seen by many as a possible candidate for mayor, has postponed a planned announcement about his political future.

- He had been due to make a statement Friday but said on Wednesday that he had put that back by about two weeks.
- Swan is instead concentrating on big-ticket projects like the city's industrial land strategy.

## Candidate brings lessons from other London



Sean O'Connell spent four years working at the House of Commons in London, U.K. MIKE DONACHIE/METRO

Experience can be key to success in a political race, but one London city hall candidate has experience like no other.

Rookie council candidate Sean O'Connell spent four years in the other London. There, he worked in the U.K.'s House of Commons, watching the fallout from its expenses scandal, in which politicians were shamed, forced to resign, suspended and even jailed.

Now the Londoner, a Western University political sci-

ence grad, is back home with some ideas to improve business at London City Council, although he's definitely not suggesting that anyone there has broken the law.

But he does think they should mind their manners.

“When councillors are taking potshots at each other, that's ridiculous,” said O'Connell, 38. “You can be frustrated with a colleague but you don't air it in public.”

O'Connell is looking at

expenses, too. He says some councillors “max out” their claims and, while they are within the rules, the principle of saving the taxpayer money should be applied.

The Ward 14 candidate also thinks members should be better-informed about council business, and that the city should produce jargon-free guides to committee business before meetings, so the public can stay in touch.

MIKE DONACHIE/METRO

**Ward 14 tussle**

- David Collier
- Ali Hamadi
- Steve Hillier
- Sean O'Connell
- Sandy White
- Jared Zaifman



## Kapil Lakhotia. Board appoints interim leader to permanent position

The interim head of the London Economic Development Corporation, Kapil Lakhotia, has been named the president and chief executive officer.

For the last year, Lakhotia has been helping the economic development organization after the departure of Peter White.

After evaluating his performance, the LEDC board decided it had the best candidate for the job already in place and unanimously agreed to appoint him. That

decision was unanimously endorsed by council.

"It is a true honour to lead an organization like the London Economic Development Corporation," said Lakhotia, who's a Western University alumnus.

"I am confident in the strong LEDC team and our ability to work closely with community partners to continue to make a positive impact and improve the economic well-being of London."

MIKE DONACHIE/METRO

### Woodstock

## Duo facing drug-related charges

A Woodstock man and woman face multiple charges after a search warrant was executed June 24 on a Dundas Street residence in Woodstock.

Police say the investigation resulted in the seizure of cocaine, prescription narcotics, a prohibited weapon and Canadian currency with a combined street value of about \$2,600.

Andrew Grebenchan, 35, and Kimberly Nobbs, 44, are facing multiple charges.

SCOTT TAYLOR/METRO

### Pitch a game

## Buy a ticket, get a shot at the dream

For any baseball fan who's dreamed of throwing the first pitch at a real game, the London Abused Women's Centre (LAWC) has just the thing.

Every ticket purchased for the July 11 Purple in the

Park tilt between the London Majors and the Kitchener Panthers will be eligible to win that right. Tickets can be bought from LAWC by emailing info@lawc.on.ca or calling 519-432-2204.

They'll also be available in the Covent Garden Market June 25 until June 27 from 10 a.m. to 2 p.m. The grand draw takes place outside the Covent Garden Market June 27. SCOTT TAYLOR/METRO

### Jaycees Pool

## Join in summer's first public swim

The City of London's parks and recreation department is inviting the people to the summer's first public swim of the year, on June 28 from 1 to 4 p.m. at the Jaycees Pool.

The event will feature games, free cake and Dotsy the Clown twisting balloons between 2 and 3 p.m. The cost is \$2.75 per child or \$3.25 per adult. Seniors aged 55 and older pay only \$3, and family packages are available for \$10. SCOTT TAYLOR/METRO

# Speed-related deaths on the rise, OPP warn

**'An unacceptable injustice'** Speed was deemed a factor in 33 fatalities on OPP-patrolled roads, more than deaths attributed to distracted and impaired driving



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Speed kills, say Ontario Provincial Police, who report the number of speed-related deaths on the province's roads has more than doubled over the same period last year.

With the Canada Day holiday weekend on the horizon, police are concerned the carnage will continue.

Speed-related deaths outnumber those officially tied to either impaired or distracted driving, as of June 15.

Of the 113 people who've been killed on OPP-patrolled roads, speed was a factor in 33 of those deaths. Distracted driving was blamed for 24 fatalities and impaired-driving deaths were at 12.

In the west region of the OPP, Sgt. Chrystal Jones said

### On the rise

The OPP report deaths due to speeding and distracted driving are increasing across the province.



Drivers thunder down the 401 highway near London. MIKE DONACHIE/METRO

she just has to look at the number of tickets issued this year to see the danger.

"We've had 7,184 collisions in west region as of the end of May. Speed-related ones account for 1,616, (distracted) driving is at 814 and those blamed on impaired driving are at 131," she said.

"I think there are a lot of distractions in vehicles now and people aren't paying

attention as closely to their speed as they should be," she added.

OPP Chief Superintendent Don Bell said one in 10 of all speeding tickets issued in 2013 went to motorists driving at 50 km/h or more over the posted speed limit.

He called such behaviour "an unacceptable injustice" that endangers every safe driver.

Police are also concerned about the end of school and the sudden influx of kids on the streets.

"Obviously, vehicles aren't travelling the same speed in the city as they would on a highway, but there are more pedestrians and cyclists, especially during the summer," said London Police Const. Ken Steeves.

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# Police say passersby oblivious as bike thief works busy street

**Nabbed.** Man charged after bait bike taken during sting operation



SCOTT TAYLOR

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A minor sting operation orchestrated by the London Police turned out to be a major failure for the apparent

thief — and also the legion of London pedestrians who turned a blind eye to him, as he sawed through a bicycle lock on a busy city street.

According to police, a bike owned by the London Police Service was recently secured with a cable lock to a bicycle rack during the noon hour on Wellington Street near King Street. Video surveillance was conducted and within minutes a 35-year-old man approached

## At a glance

- So far this year, 1,632 thefts from vehicles and 230 bicycle thefts have been reported in London.

the bicycle and began cutting the lock.

Almost two minutes later, the man had cut through the lock and rode away on

the bike. The incident occurred during the lunch hour with lots of pedestrian traffic in the area, but no calls were made to the police and, it appears, no one even slowed to see what he was doing. He was arrested a short distance away and charged with theft, mischief and breach of recognizance.

The sting took place because thefts from vehicles are up by 35 per cent and bicycle thefts are up 22 per

cent year to date over the same period last year.

Const. Ken Steeves said police don't want citizens taking the law into their own hands, but they want to be notified when a crime is being committed.

"We're asking citizens to report any suspicious activity at all," Steeves said. "Unfortunately, with 120,000 calls a year we're tied up in different areas of the city and we can't be everywhere

at the same time."

But, he added, they at least want the chance to catch the criminal in the act.

"And, no, we don't encourage anyone to get physically involved with anybody. Just be an extra set of eyes and ears."

Follow Scott Taylor on  
Twitter @taylorinlondon



## 'I'm considering it'

### McNaughton considers Tory leadership bid

Monte McNaughton says the Ontario Progressive Conservative Party needs to rebrand itself after a disastrous election two weeks ago that saw their share of the seats at Queen's Park dwindle.

The 37-year-old MPP for the riding of Lambton-Kent-Middlesex thinks he may be the one to bring the Tories back to stature once a new leader is chosen to replace the outgoing Tim Hudak.

"I'm considering it," he said. "Since the election, I've made phone calls across the province to talk to PC party members and I'm quite overwhelmed and humbled by the support I've been receiving across the province and also from fellow caucus members."

His vision is that of a new, modern Ontario Conservative party.

Tories need to become a "big-tent" party that reaches out to communities that he feels have been neglected over the past years.

"This means reaching into small city communities and urban communities and different ethnic groups. I think we need to be the party that stands up for union and non-union workers instead of being the party of divisiveness."

He'll make his decision after the rules of the leadership quest are detailed July 5.

SCOTT TAYLOR/METRO



Christine Elliott, widow of former federal Finance Minister Jim Flaherty, walks past Queen's Park prior to officially announcing her intention to run for the Ontario PC leadership during a news conference in Toronto on Wednesday. DARREN CALABRESE/THE CANADIAN PRESS

# Flaherty's widow running for Ontario PC party leadership

The race for the Ontario Tory leadership kicked off in earnest Wednesday, with deputy party leader Christine Elliott launching her bid, a decision she said her late husband, former federal finance minister Jim Flaherty, would have supported.

Elliott became the first candidate in the running to succeed Progressive Conservative Leader Tim Hudak, who is stepping down following the

party's crushing electoral defeat earlier this month.

It marks her second attempt to lead the party — she finished third when Hudak won the Tory leadership race in 2009 — and she said Wednesday that Flaherty wanted to see her succeed.

"I can tell you that it's something that Jim always wanted me to do," she said. "He always wanted me to move forward in whatever capacity presented

itself and I feel sure that he would have been happy with my decision."

Elliott entered politics in 2006, winning a byelection in Whitby, east of Toronto, when Flaherty vacated the seat to run federally. It became the first time in Canadian history that a husband and wife represented the same riding at the provincial and federal levels. No byelection has yet been called to fill the seat federally

since Flaherty died in April.

She said Wednesday that "there's no question" she had an opportunity to consider running federally, but her heart is in provincial politics.

Elliott, a University of Western Ontario law graduate and co-founder of law firm Flaherty Dow Elliott & McCarthy, married fellow lawyer Flaherty in 1986.

Flaherty said in a 2002 interview that his wife con-

sidered entering politics before he did, but she put those ambitions on hold when their triplet sons were born in 1991.

Flaherty himself twice tried to lead the Ontario Tories, but both his bids in 2002 and 2004 failed.

Hudak is vacating the post July 2, when the legislature resumes, after his party lost nine seats in the June 12 provincial election.

THE CANADIAN PRESS



# London Hydro's reliability continues to improve

Providing a reliable source of electricity has been the cornerstone of utility operations since the early days of power delivery. Given the degree to which we have become dependent on household appliances, computers, smart phones and other technologies, it is not an exaggeration to state that a reliable source of supply has become a vital part of our everyday lives. But what does reliability really mean and how is it achieved?

## What is reliability?

Reliability is defined in terms of loss of electricity supply due to a specific cause that creates an outage, or interruption of



service, for customers. Reliability is measured in terms of frequency (how often your power goes out) and duration (how long it stays out). London Hydro is a medium size utility serving approximately 150,000 customers. They have been maintaining outage statistics for over 20 years and their success is measured, to a great extent, by what they do to ensure a reliable supply of electricity.

## How is reliability improved?

Reliability does not happen by chance. It is the result of focused engineering expertise and targeted investment in distribution system infrastructure. London Hydro has engineers who are devoted solely to measuring and monitoring reliability and working on ways to improve it. Over the years, new technologies have been introduced that have improved the quantity and accuracy of information that is available. Specifically, the engineers use computer programs to analyze trends and identify risks in the distribution system. Using this information, they develop specific reliability-oriented projects to mitigate risks and, therefore, improve overall reliability performance. Reliability analysis remains one of the cornerstones of London

Hydro's Asset Management Plans.

Electricity distribution is a capital-intensive undertaking and, year after year, London Hydro invests substantially in its infrastructure. London Hydro uses the information extracted from analyzed outage data to plan this capital investment. The resulting improvements in the distribution system have contributed directly to the continuous improvement of London Hydro's reliability performance.

Specifically, London Hydro's Capital Programs have been focused on addressing assets that were prone to failure or were presenting a safety concern. Significant work has occurred in specific areas where the infrastructure was visibly aging or where trend analysis indicated the need for improvements. More specifically, London Hydro has undertaken a multi-year replacement program of porcelain insulators (which hold the overhead circuits on poles) that were prone to breakage thus creating a safety risk; these insulators were also affecting the performance. A similar program was initiated to replace the underground switchgear installed in residential subdivisions with newer technology; the original equipment began to fail in-service as harsh environmental conditions were affecting their operation, creating large-scale outages. In addition, in the past five years, London Hydro has engaged in a system-wide project to rejuvenate aged underground service cable, which supplies power in residential areas, because this cable was experiencing high failure rates. As a result of these multi-year projects, London Hydro's system has become more reliable and robust.

## Asset Sustainment Plan

London Hydro is constantly working to create new tools to analyze reliability data. London Hydro's Asset Sustainment Plan is the most recent tool developed to assess its major distribution assets comprehensively. This plan, updated yearly, documents the age and condition of major distribution assets, so potential performance problems can be anticipated and long-term spending patterns can be predicted to manage risks within

acceptable levels and optimize service reliability at the lowest life cycle cost. With a well-managed plan, London Hydro can make informed decisions about assets as they age, specifically, whether and when to maintain, refurbish or replace them. Priorities for maintenance, replacement and refurbishment activities are based on the impact of failure. The result of this program is that economic resources are focused on those items that would cause the most disruption, or reduced system performance, if they were to fail.

Today, reliability analysis continues to be the main driver for determining capital infrastructure projects. Projects continue to be initiated based on the need to re-engineer and rebuild, while optimizing the lifecycle of every asset type on the distribution system. At the same time, London Hydro continues to focus on accommodating London's growing electrical needs, which continue to grow as its residential, commercial and industrial consumer sectors expand. As a result of its sound engineering practices and reinvestment in infrastructure, London Hydro has enough circuits and operating flexibility to ensure that, when an outage occurs, an alternate source of supply is available and accessible. London Hydro takes reliability seriously – so seriously that it is embedded into the company's Mission Statement: to pursue "excellence in safety, reliability, customer service and competitive rates." Finally, London Hydro's reliability has seen significant improvements over the past 15 years and will continue to be a key component of their Customer Care strategy going forward.





# U of Ottawa hockey program iced after sex assault probe

## Men's varsity team.

School's president calls conduct 'unacceptable', 2014-15 season suspended and coach fired after investigation



LUCY SCHOLEY  
Metro in Ottawa

The University of Ottawa has suspended its men's varsity hockey program for the entire 2014-15 season and fired the team's coach following an internal investigation into allegations of a gang sex assault by players on a tournament trip to Thunder Bay.

University president Allan Rock would not divulge the details of the internal report during Wednesday's announcement, as there is a separate police investigation in the works.



University of Ottawa President Allan Rock delivers a statement in Ottawa on Wednesday regarding the men's varsity hockey program. SEAN KILPATRICK/THE CANADIAN PRESS

"We know enough to say what happened there was unacceptable," he said.

However, the university

did release a report of recommendations to improve school varsity sports, including updating the coaching

handbook and conducting an annual review of all guidelines on athlete behaviour.

## Not an isolated incident

"I don't think that what's happening with the hockey team at the University of Ottawa is an isolated case."

Anne-Marie Roy, president of the Student Federation of the University of Ottawa, who said that while she's happy the school is changing its policies, more needs to be done to address rape culture on university campuses.

Rock said the coach was not involved in the alleged incident, but he had tried to discipline those students on his own.

Thunder Bay police say they've completed their investigation into the Jan. 30-Feb. 2 incident, are reviewing the case with the Crown and expect to make an announcement "of some sort in coming weeks."

Anne-Marie Roy, president of the Student Federation of the University of Ottawa, said she's happy the university is changing its policies, but added that more needs to be done to address rape culture on univer-

sity campuses.

"I don't think that what's happening with the hockey team at the University of Ottawa is an isolated case," she said, adding that the vast majority of sexual assaults are unreported. "This is something that is experienced on other campuses, as well."

The University of Ottawa and the student federation have each implemented a task force that's looking into rape culture on campus.

The school suspended the men's hockey team last semester as well, following news of the Thunder Bay incident.

## Privacy

### Border agency cuts data retention to 15 years from 75

The federal border agency is bowing to privacy concerns by agreeing to slash the amount of time it will keep data on the cross-border movements of Canadians as part of a new security plan.

The agency says it plans to retain personal details for 15 years — not 75.

THE CANADIAN PRESS

## Twiplomacy

### Twitter accounts trending among our diplomats

Canada is among a small group of countries that has Twitter accounts for most of its embassies and missions, a global study revealed Wednesday.

The study, called Twiplomacy, looked at the use of the site by heads of state and by governments and ministers of foreign affairs.

THE CANADIAN PRESS



## Vancouver Aquarium's beluga research heads north as controversy over captivity continues

A trainer works with beluga whale Aurora at the Vancouver Aquarium on Wednesday. A researcher from the aquarium will be heading to the Arctic next week to study the chatty cetaceans in the summer home where they raise their young. The research trip comes as the non-profit aquarium is under renewed pressure to stop keeping belugas and dolphins in captivity — including a call from Vancouver Mayor Gregor Robertson to end the practice. DARRYL DYCK/THE CANADIAN PRESS

## Meilleur. Ontario AG calls out MacKay over recent remarks about women

Add Ontario's attorney general to the list of people who have a bone to pick with Justice Minister Peter MacKay.

Madeleine Meilleur calls MacKay's recent remarks about female judges "very unfortunate" in this day and age — particularly when Ontario has elected its first female premier.

The Toronto Star reported that MacKay attributed the dearth of women on the bench to a lack of applications, reportedly linking that to a fear among women that they might be appointed to a circuit court, which entails more travel.

MacKay found himself in hot water again Tuesday over Mother's Day and Father's Day emails to staff — one saluting mothers for holding down two full-time jobs at home and at work, the other lauding dads for raising "the next generation of leaders."

Prime Minister Stephen Harper defended his justice minister Wednesday, saying MacKay's comments have been unfairly characterized as sexist.

## What I meant was...

MacKay has said he did not make the comments attributed to him in the Star report.

- "In addressing a few dozen lawyers I took the opportunity to encourage MORE women and minorities to apply to be judges, to enable the federal government to promote them to the bench and thus to better reflect the diversity that is Canada today," he said in a Facebook post on Sunday. "That was the intent and tone of my remarks."

Meilleur says there are very competent women in Ontario and Canada who are able to be judges and province's judicial bench is proof of it.

She noted that the chief justice of the Ontario Court of Justice is a woman.

THE CANADIAN PRESS



## N.S. Researchers may have found key to fighting antibiotic resistance

A soil sample from Nova Scotia has yielded a compound that could help fight antibiotic resistance.

Researchers from McMaster University in Hamilton have discovered a fungus that produces a chemical that overrides the antibiotic resistance powers the dangerous NDM-1 gene gives to bacteria.

They liken the compound to an adjuvant, a chemical that enhances the power of vaccines.

Biochemistry professor Gerry Wright and his team have been looking in soil samples from around the country for bacteria and fungi that produce chemicals that might inhibit antibiotic resistance.

This early finding is published in this week's issue of the scientific journal Nature.

The McMaster team found the compound worked to resensitize resistant bacteria that contain the NDM-1 gene, and even cleared a resistant infection from a mouse.

Wright says the compound, called aspergillomarasmine A or AMA, interferes with the NDM-1 gene's source of zinc. The gene needs zinc



**Aspergillus versicolor, a fungus found in a soil sample from Nova Scotia, that may fight antibiotic resistance.**

MCMMASTER UNIVERSITY/THE CANADIAN PRESS

to work.

Much testing remains to be done to see if this compound could be used safely and successfully in people. But the hope is it could be taken in combination with antibiotics to help prolong the lifespans of these critical infection-fighting drugs.

The rise of antibiotic resistance and the paucity of new antibiotics in the production pipeline have created fears that the world could be facing a future in which antibiotics no longer work.

THE CANADIAN PRESS

### Pacific Northwest

#### Orcas among most contaminated mammals: Report

Southern resident killer whales are among the world's most contaminated marine mammals, with pollutants particularly high in the youngest whales, according to information released Wednesday by U.S. scientists who have studied them for the past decade.

Biologists with the National Oceanic and Atmospheric Administration summarized a compilation of research findings that reveal the mysterious lives of a small population of endangered killer whales that frequent Puget Sound, off the northwestern U.S. coast.

The striking black and white whales have come to symbolize the Pacific Northwest and play an important cultural and spiritual role for many Northwest tribes.

Despite recovery efforts, scientists say more long-term work needs to be done to ensure survival.

THE ASSOCIATED PRESS

### Nigeria

#### Man's family commits him for being an atheist: Lawyer

A lawyer and supporters say a staunchly Muslim family in northern Nigeria has forced their son into a mental hospital for declaring himself an atheist.

Chemical engineer Mubarak Bala, 29, says he is being drugged and held against his will in a psychiatric ward in Kano.

Bala alerted people to his plight with tweets from a smuggled phone, saying his father beat him up and sedated him, and that he recovered consciousness in the hospital. Bala describes his father as an Islamic leader who "can't afford to have a non-Muslim family member, so he declared me insane."

Lawyer Muhammad Bello Shehu says Bala's father said he committed his son for safety as he could be lynched for denying God exists. The lawyer said Bala "just wants to get out of there." THE ASSOCIATED PRESS



**Rescue workers carry the remains of a person in a body bag after a explosion at a shopping mall in Abuja, Nigeria, Wednesday.** OLAMIKAN GBEMIGA/THE ASSOCIATED PRESS

# Bombing kills at least 21 in Nigeria

**17 wounded.** Extremists attack shopping mall in capital Abuja

An explosion blamed on Islamic extremists rocked a shopping mall in Nigeria's capital, Abuja, and police said 21 people were killed.

The blast came as Nigerians were preparing to watch their country's Super Eagles play Argentina at the World Cup in Brazil. Many shops at the mall have TV screens but it was unclear if the explosion was timed to coincide with the match, which started an hour later.

Witnesses said body parts were scattered around the exit to Emab Plaza, in Abuja's upscale Wuse 2 suburb. One witness said he thought the bomb was dropped at the entrance to the mall by a motorcyclist. All spoke on condition of anonymity for fear of reprisals.

Soldiers shot and killed one suspect as he tried to escape on a power bike and police detained a second suspect, Mike Omeri, the government spokesman for the insurgency, said in a statement.

Billows of black smoke could be seen from a kilometre away, and police said 17

vehicles were burnt out in the blast.

"I heard the explosion and (felt) the building shaking," said Shuaibu Baba, who had a narrow escape. He said he rushed downstairs to find that the driver who had dropped him a few minutes earlier was dead. "I asked the driver to come with me, and he said 'No,' he would wait for me in the car."

Police Supt. Frank Mba said 17 people were wounded and 21 bodies were recovered.

It is the latest in a series of violent attacks blamed on Islamic extremists. Nigerian security forces appear incapable of curtailing the near-daily attacks concentrated in the northeast, where Boko Haram extremists have their stronghold.

On Tuesday night, extremists in the northeast attacked a military checkpoint and killed at least 21 soldiers and five civilians, witnesses and a hospital worker said Wednesday.

Abuja is in the centre of Nigeria and the militants have spread their attacks to the capital. Two separate explosions in Abuja in April killed more than 120 people and wounded about 200 at a busy bus station. Both were claimed by Boko Haram, which has threatened further attacks. THE ASSOCIATED PRESS



**People watch as smoke fills the sky after an explosion rocked a shopping mall in Nigeria's capital, Abuja, on Wednesday. Police say over 20 people have been killed and many wounded.** THE ASSOCIATED PRESS



## From the courtroom...

## Phone-hacking trial wraps up

Britain's epic tabloid phone-hacking trial ended Wednesday with a hung jury on two final counts — and a judge's rebuke for Prime Minister David Cameron, whose televised comments about the case while it was still underway almost scuttled proceedings.

THE ASSOCIATED PRESS

## ... to the theatre

## Play on tabloid trial takes centre stage

After months of courtroom drama comes phone hacking, the play.

Britain's National Theatre said its next production will be "an anarchic satire about the press, the police and the political establishment" titled Great Britain.

THE ASSOCIATED PRESS

## Privacy

## Cops must get search warrants for phones in U.S.

In a strong defence of digital age privacy, a unanimous U.S. Supreme Court ruled Wednesday that police may not generally search the cellphones of people they arrest without first getting search warrants. THE ASSOCIATED PRESS

## The next chapter

## Barnes &amp; Noble turns page on Nook e-reader

Barnes & Noble hopes to survive by splitting in two. The largest U.S. brick-and-mortar bookseller said Wednesday that it plans to split off its Nook e-reader division as it looks to boost shareholder value. THE ASSOCIATED PRESS

# A new social network for the condo set

## Bazinga and Tridel.

Vancouver company teams up with Canada's biggest condo developer

A Vancouver company is hoping condo-dwelling Canadians have room for one more social network in their lives.

On Wednesday, the company Bazinga announced it has inked a deal with Canada's largest condo developer, Tridel, to integrate its social media platform into the real estate company's new and existing projects.

Bazinga is a little like Facebook — allowing residents to chat with each other and building staff — and also lets users book amenities, access important documents and receive news about their community.

"Think of it as your building's (Facebook) wall but it's very interactive," says Bazinga founder Joseph Nakhla.

"You can post things, there's alerts — like, 'Keep an eye open on this issue,' 'Did anyone lose a bag?', 'Is anyone looking for a car pool partner?' — (and) information on nearby businesses. It's very specific conversations that are occurring on the platform. What differentiates it from other platforms is there's heavy utility in there."

"And it's private. It's secure. It has only the people who are owners or tenants. There's no such thing as an anonymous presence on the platform."

Before the Tridel contract, Bazinga was connected to more than 500 buildings, says Nakhla, noting that the social platform is also being used by builders of subdivisions and gated communities. THE CANADIAN PRESS



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## It's cottage (buying) season

Canada's summer cottage market is showing no signs of cooling off as it rebounds from a long winter and late spring, national realtor group Re/Max said Wednesday. Sales in Ontario and Atlantic Canada were up in May after a sluggish April and Re/Max is forecasting mid to high single-digit price increase for cottages, cabins, vacation condos and camps throughout the rest of the year. ISTOCK

### Market Minute

**DOLLAR**  
93.27¢  
(+0.19¢)

**TSX**  
14,974.65 (+14,974.65)

**OIL**  
\$106.50 US (+\$0.47)

**Natural gas:** \$4.55 US (+\$0.03)  
**Dow Jones:** 16,867.51 (+49.38)

**GOLD**  
\$1,322.60 US (+\$1.30)



# THE NEAR-DEATH THAT WASN'T

I've never had great life skills, but I've come to realize I don't have great death skills, either.

I was in an accident recently where I could have been killed — this happens to me every three years or so — and the impact it had was, well, absolutely nothing.

Shouldn't I be inspired or something?

In my defence, it wasn't much of a near-death experience: I fell off my bicycle at a busy intersection.

To the people who saw the accident, it likely looked less like a matter of life and death and more like a schmuck faceplanting comically into the pavement. But, if it had a laugh track for them, it was Adagio for Strings playing in my head, as I tumbled in slow motion toward the pavement and thought, "I might get run over before I have a chance to turn around."

Fortunately the driver behind me was not on his phone, so



**HE SAYS**  
**John Mazerolle**  
metronews.ca

my corpse did not end up on Instagram with a filter giving my skin a healthier tone than it ever had in life.

Which leads to my first lacking death skill: Isn't my life supposed to flash before my eyes? The message from most inspirational speakers is that "one day your life will flash before your eyes, so you'd best make it a good show" or some such. But when I fell, all I saw was the streetcar track I wiped out on, the pavement, and the truck grill.

I'd been promised a Vine of my life's greatest moments, and instead it would have been like I was browsing stock photography. If the car had hit me the last images before death would have been a close-up of an interracial handshake and a woman way too happy about her salad. Not that I'm ungrateful. I totally prefer being alive.

In fact, immediately afterward I decided to celebrate. I was alive! Time to live! This led to my second death deficiency: My

big response to near-death was to get a fancy coffee with whipped cream on it.

I'm not sure which is sadder: That this is my idea of living it up, or that my response to avoiding death was to order a drink that would push me closer to it.

Finally, and most damningly, the accident did nothing to motivate me into a better life. It freaked me out for a few hours, because we're just bags of meat that should have 'FRAGILE' stamped on our bodies. But that's it.

I've done nothing to improve myself, felt no more in touch with my life, nor started a charity like Cyclists Against Faceplanting in Traffic.

When I faced my own mortality in the past — at a funeral or during an accident — my immediate response was a figurative roller-coaster ride: euphoria, disappointment, levelling off.

Now I feel fragile for a couple of hours, have an expensive coffee and write a column. I think I'm OK with that.

But change my life in a big, noticeable way?

Well, that'll be the day that I die.

## ON TRACK



The SEFT-1 was designed by two artists to explore their country's railways that are no longer in use. COURTESY SEFT-1 PROJECT

### Artists create sci-fi car for railroads

A pair of Mexican artists have brought their country's abandoned railways back to

life — by taking a sci-fi aluminum car for a ride on them.

Ivan Puig and Andrés Padilla built the SEFT-1 (Probe Exploration Manned Railway) car to explore how once useful railroads still have a purpose.

The SEFT-1 is a vehicle with an aluminum body fit for sitting two crew members (called Los Ferronautas). The silver car is also capable on riding on land with the use of rubber tires.

According to the project creators, the SEFT-1 aims to make a survey using photography, video, audio and text of the isolated areas it visits. **METRO**

#### By the numbers

**9,000**

Number of kilometres the artists travelled across Mexico and Ecuador, from 2010 - 2012 in SEFT-1.

#### Artists' viewpoint

"It's a transdisciplinary art project, one of public interaction and diffusion, which proposes the exploration of disused railway tracks as a starting point for reflection and research."

Ivan Puig and Andrés Padilla

## METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on page 7 in Life and page 22 in Sports

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## MetroTube

### Extreme, extreme mountain biking



**ANDREW FIFIELD**  
andrew.fifield@metronews.ca

If you're anything like us, you've long thought the biggest problem with mountain biking was that it's just not dangerous enough. Careering down hills, weaving between towering trees, ricocheting off rocks — YAWN!

Now, if we could somehow mix the speed, exhilaration and wind-through-the-hair excitement of mountain biking with the assorted dangers of traversing a major city. Now we're talking. Thankfully, the good people of Bratislava arrange such a thing once a year and this is what it looks like. (EpicTV/YouTube)



THE ASSOCIATED PRESS FILE

# 2 SCENE

## Meet the New (Zebra) Kids to hit London's synth music scene

### 'Very nostalgic'.

Local group to bring their '80s pop sound to open for Rich Aucoin at Call the Office



**BACKSTAGE PASS**  
Mila Petkovic  
london@metronews.ca

The original New Zebra Kid was one of many in a long line of Zebra Kid professional wrestlers in striped tights on the touring circuit in the 1970s.

"He never gained much popularity," says Aaron Simmons, front man of the London synth pop band New Zebra Kid, wryly. The group has been playing important gigs in Toronto (such as the Long Winter festival) and London — where they open Friday for the popular Halifax electro-pop act Rich Aucoin at Call The Office.

New Zebra Kid, formerly lead singer of A Horse & His Boy, has been working steadily at the craft he loves, and is now carving out a name for himself. After a bit of a break from playing music, the solo artist decided it was time to try something different.

The band gained three new members, all active in the London music scene: Greg Abrams (a.k.a. Greggory Clypse) on guitar, Jordan Pearson (a.k.a. Halcyon) on synth, and Kelly Van Raay (host of the CHRW radio show The Donut Hole) also on synth.

"We met through playing shows together over the last couple of years. We were



London synth pop band New Zebra Kid is performing Friday at Call The Office. From left, Jordan Pearson (synth), Aaron Simmons (lead vocals/songwriter), Kelly Van Raay (synth) and Greg Abrams (guitar). CONTRIBUTED

all doing synth-pop-inspired music, which is a rare thing for London," says the artist.

Simmons' signature sound remains similar, but the band's finished recordings (Romantic Illusions and 5 A.M.) have attained a new fullness and polish.

"When I'm working solo, I do minimal lo-fi synth music recorded to four-track cassette tapes. I initially bought it as it's all I was able to afford, but I like the way the format lim-

its me. I find when people use computers they over-complicate things. You get four parts, so typically one track would be drum machine, another synth bass, the third a synth lead and then vocals. Just the essentials — so you have to make sure they're good," says Simmons, who hands off chosen tapes to band members for completion.

"They've definitely come to be realized as a more typical '80s pop sound. It's something I couldn't do myself, but that

music is very nostalgic for me, so I'm happy with the direction it's taken."

Musically, the songs were written for the late-night club environment, says Simmons, whose major influences include Prince and David Bowie.

"Lyrically, the songs deal with what happens afterwards — questionable decisions, melancholy, romance and heartbreak. I like to write about the real London experience."

The band is planning to re-

lease their first EP by the end of this year. Friday's concert is \$10 and doors open at 9 p.m.

### Keep an ear to the ground

Other electronic pop groups coming out of London to keep an eye on, as recommended by New Zebra Kid: Gavin Noir, You'll Never Get To Heaven, Quinn Read-Baxter and Wormwood.



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DISH

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Elton John ALL PHOTOS GETTY IMAGES

## Can you feel the love tonight? Elton John can't

Elton John was flying the unfriendly skies recently, reportedly getting into a vicious shouting match with husband David Furnish in front of friends aboard a private jet bound for the recent Bonnaroo music festival in Tennessee, according to Radar Online. "Elton and David flew a few friends with them to the gig, and they all know Elton gets pissed when something isn't completely on his schedule. One of the cars carrying his friends was late. He got super-annoyed and even more so when David told him he was basically acting like a brat," a

source says. "David calling out Elton sent him into a huge rage. He even went so far as to threaten to pull support for the (Elton John AIDS) Foundation, knowing it's one of the things that means the most to David." Things were very tense for a moment until John excused himself. "Elton went in a separate part of the plane for a while and cooled off. When he came back he played it off by making a joke about it," the source says. "It's a common occurrence between Elton and David, but definitely went further than their friends have seen before."

## METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word

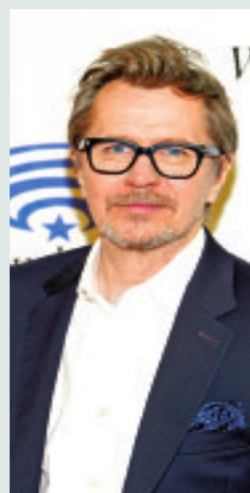
### Gary Oldman says sorry for just a little bit of his bigotry

MELINDA TAUB  
Metro World News

Gary Oldman has had a lot of time to do some soul-searching since Tuesday, when it became known that he'd said some terrible things about Jews, black people, and gay people. He has realized that he is deeply sorry for some of it.

Among Oldman's many colourful remarks to Playboy, he opined that Mel Gibson only got in trouble for spouting anti-Semitic epithets because he's "in a town run by Jews." Whatever else is going on in Oldman's withered old brain, he does at least understand that the ol' Nazi refrain "Jews control the media" is not a road you want to go down, and he said as much in an open letter to the Anti-Defamation League.

"I am deeply remorseful that comments I recently made in the Playboy Interview were offensive to many Jewish people," Oldman



wrote, according to Page Six. "Upon reading my comments in print — I see how insensitive they may be, and how they may indeed contribute to the furtherance of a false stereotype."

They do indeed contribute to that! However, speaking as a Jewish person: Come on, man. Don't single us out. If you're going to apologize to the people you offended, apologize to all of them.

### Twitter



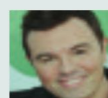
@RuPaul

Quick Reminder: Never Google yourself, unless in the company of a life coach or therapist



@jason\_mraz

In my next life I hope to come back as a cat. The oldest cat ever. A vegetarian cat who surfs. And lives in The Netherlands.



@SethMacFarlane

Ah, the decline of journalism: From Woodward and Bernstein cracking Watergate to Buzzfeed telling me which Disney Princess I'm most like.



Adam Levine

## 'I did not have sexual intercourse with Lindsay Lohan,' says Adam Levine

It seems like Lindsay Lohan's leaked list of sexual conquests is going to haunt every famous name it contains for quite some time. Case in point: Maroon 5 front man Adam Levine had to take time out of his recent interview with Howard Stern to follow James Franco's cue and deny any intimate connection

to Lohan. "By the way, you were listed on Lindsay Lohan's sex list, that you had sex with her. I didn't know this," Stern offered, to which Levine promptly shot back, "That's not true. I did not have sexual intercourse with Lindsay Lohan." Stern then pointed out that no one on the list has confessed to actually having earned their spot. "That's because I think we're being truthful about that very specific thing," Levine responded. "I can f—ing see it on the paper, I'm getting much better at this."

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# TO JULY!

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6	<b>Pre-professional summer intensive</b> Week 1 (ages 14-19) DAZEN DANCE SCHOOL <b>Grandparents Day!</b> Every Monday bring your Grandparents and get \$1.50 off of admission. ADVENTURES ON WONDERLAND	<b>Toonie Tuesday</b> Any Tuesday in July is \$2.50 for children 1-3 ADVENTURES ON WONDERLAND	9	10	11	<b>LEGO® My Library!</b> 10am-4pm CENTRAL LIBRARY Massive LEGO® Play Day for all ages to celebrate the 65th anniversary of LEGO®. No registration needed.
13	<b>Pre-professional summer intensive</b> Week 2 (ages 14-19) DAZEN DANCE SCHOOL	15	16	<b>Daily Deal!</b> Any Thursday Night in July after 4:30pm is \$6.25 for children 4-12 ADVENTURES ON WONDERLAND	18	19
20	<b>Princess Day</b> at Storybook Gardens	<b>Aspiring Young Dancers summer intensive</b> (ages 9-13) DAZEN DANCE SCHOOL	<b>Maker Basics (8+)</b> 10-11:30am LONDON LIBRARY Have fun making with London's MakerBus brand! Available at other locations and dates too.	24	25	<b>Fall Registration &amp; Trial Classes</b> (ages 3-13) DAZEN DANCE SCHOOL
27	<b>Star Wars Day</b> at Storybook Gardens	29	30	31	1	2

## Have A Storycation This Summer!

It's a new era at Storybook Gardens and while Slippery the Seal will always have a place in its heart, there's a new dragon on site – but instead of guarding those castle walls, Roary is welcoming fans young and old to one of London's finest tourist attractions.

Even though Slippery is tied to the park, we were looking for a new character who fit in with the Storybook theme," explained John Riddell, manager of Storybook Gardens. "We settled on a dragon and people have really embraced it."

Storybook Gardens is open from 10 to 5:30 p.m. every day and offers a variety of theme days, including past favourites like Princess Day and Star Wars Day. And though it's been around since 1958 – having undergone a major update in 2003 – Riddell said families love the combination of entertainment and value.

"I think Storybook Gardens offers a blend of traditional storybook entertainment along with new modern features," he said. "We were named the best local tourist attraction for the

third straight year by [a local publication].

"Every year we do exit surveys and last year our overall satisfaction was 96 per cent in both experience and value."

For more information please visit <http://www.storybook.london.ca/>

– Jay Menard





## Artful android: Here she comes now, sayin' Monáe, Monáe

**Trending on her own terms.** Janelle frees her 'soul' through her look and lyrics on the run-up to her summer tour

RICHARD PECKETT  
Metro World News

"Embrace the things that make you feel unique, even if it makes others feel uncomfortable," says singer-songwriter Janelle Monáe. That maxim is something Monáe has perfected. The Kansas-born artist, like her time-travelling robot alter-ego Cindi Mayweather, isn't one to conform to outdated stereotypes. She's a feminist, womanist, and apparently an android. It's an attitude that the 28-year-old, who is touring this summer, takes into her albums *The ArchAndroid* and *The Electric Lady*, which deal with social and racial restriction. Even her artistry can't be straightjacketed into sound or style conventions: the Little Richard-esque quiff and her monochrome era-transcending tuxedo ensembles are as redefining as her sci-fi R&B soul, which seamlessly straddles a multitude of musical genres.

**You're one of the musicians involved in the Pepsi Beats of the Beautiful Game campaign, where you, like the footballers, have your own (monochrome) team strip. But when do you intend to go for a different look?**

Whenever I look at the moon

### Suit or birthday suit

**I'm a free person who is taking the opportunity to be in control of their image: if I want to be naked one day I can and if I want to wear a tuxedo that's fine.**

Janelle Monáe

and make that decision. I'm exercising my right and my freedom as a citizen to wear what I want.

**Speaking of strip, is it true that you took some of your early tracks from *The Electric Lady* to a strip club to see how the dancers moved to it?**

Oh yeah, absolutely.

**Have you been back since?**

I've been back since. I love watching people dance. I love the album is centred around women and I want to understand every type of woman: strippers, college students, the artist, the ghetto woman, the Queen. I definitely went to the strip club to do research and to understand their story.

**You've talked about re-defining the idea of sexy. What's your ideal?**

I don't have an ideal of sexy; I don't go out of my way to be sexy. If you are [sexy], you don't have to try. For me personally, I'm a free person who is taking the opportunity to be in control of their image: If I want to be naked



Janelle Monáe hopes to inspire her fellow females to take control of their own image. CONTRIBUTED

one day I can, and if I want to wear a tuxedo that's fine.

**Do you think that women in the music industry are pressurized into a certain 'sex sells' image?**

Well, I think when you come into the music industry

there's this notion that because you're a woman, you need to dress a certain way. I want to let people know that that's not true. You just need to get to a certain level of success and be a cover girl [Monáe is also the face of beauty brand CoverGirl]

### AUGMENTED REALITY

→ Want hair like Janelle? Scan this photo with your Metro News app for a step-by-step video to walk you through her fun, unique look.

→ See the full instructions on Metro's Voices page.



and create your own image — people will love that. You don't have to take the same co-ordinates to reach a destination.

**How have you managed to maintain that level of autonomy while signed to a major label?**

How have I managed? (Laughs). That's like saying how have you managed to go to a subway and get the money out of your bank account?

**Point taken. Is this one of the reasons that you're anti-bullying?**

I have definitely been bullied and I've also stood up for myself, too. I used to fight a lot growing up but I don't think that's the way to do it because you can have an accident, get hurt or someone can shoot or stab you, then you're dead in hospital. When I was young, I was a real firecracker. Now I just stand up for others through art.

## Canadian street style

Spotted in: San Juan del Sur, NI

Name: Shannon

Age: 28

Canadian trendsetter on the move

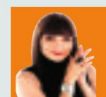
**What is the most important piece of clothing/beauty product in your travel bag?**

A really funky/well-fitted bikini; if there's a beach that's all I wear! My favourite beauty product is Nars Copacabana liquid multiple. It is the most beautiful/natural highlighter for the cheeks and the eyes. Looks amazing with nice sun-kissed skin. Perfect natural enhancer for a night out, a little glam on vacation.

PHOTOGRAPHER: KAYLA ROCCA  
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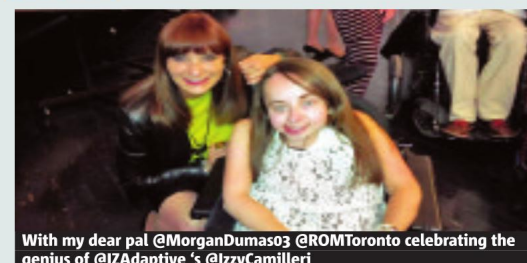


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With my dear pal @MorganDumas03 @ROMToronto celebrating the genius of @IZAdaptive 's @IzzyCamilleri

# 3 LIFE

PLUS HOMES



# Get your fancy weeknight dinner on

## Stuffed Duck Breast with Marjoram Jus.

This dish offers a touch of sophistication that is sure to wow guests and takes just three steps

"If the stuffing isn't cooked before filling the duck breasts, this dish will require more cooking time, which will overcook the duck and toughen the meat," writes Jean-Paul Grappe in his book *Basil, Thyme, Coriander and Other Herbs*.

This dish can be served over fingerling potatoes, green beans and spinach.

1. Grind the first six ingredients for the stuffing twice with a medium disc in a meat grinder. Add the marjoram, salt, and pepper, and mix well. Make 4 small rolls the same length as the duck breasts,

### Ingredients

#### Stuffing

- 2 oz (60 g) duck thighs, trimmed
- 2 oz (60 g) duck liver
- 2 slices of bread
- 1/4 cup (60 ml) heavy cream (35%)
- 1 egg white
- 1 tbsp potato starch or corn starch
- 1 1/4 cups (90 g) marjoram, chopped finely
- Salt and pepper

- 4 duck breasts, 8 oz (240 g) each
- Salt and pepper
- 2 oz (60 g) duck fat
- 2 oz (60 g) Armagnac
- 1/2 cup (125 ml) thickened store-bought demi-glace
- 1/2 cup (120 g) butter

### Cookbook of the Week

A little herb goes a long way



In his book *Basil, Thyme, Coriander and Other Herbs*, Jean-Paul Grappe shines the spotlight on herbs by demonstrating how much they can enhance the flavour of a dish.

Included in the book are 20 herbs and their histories, therapeutic values and use in the kitchen. Among the specific herbs included are: dill, basil, chives, cilantro, bay, mint, mustard, sorrel, rosemary, sage, thyme and more. Recipes, meanwhile, include Vegetable and Chive Sauté, Pork Chops with Hyssop, Atlantic Tuna with Mint Butter, and more. **METRO**

wrap them in plastic wrap and tie the ends. Cook them in 212 F (100 C) water, for 5 to 6 minutes. Cool in cold water. Set aside.

2. Butterfly the duck breasts and season with salt and pepper. Fill with the cooked rolls of stuffing. Close and season with salt and pepper. Set aside. In a sauté pan, heat the duck fat and sear the breasts skin side down for 2 to 3 minutes.



This recipe serves four. PIERRE BEAUCHEMIN

Do the same for the other side. Put a lid on slightly askew and cook on medium heat for 7 to 8 minutes. Remove the excess cooking fat from the pan and

flambé the breasts in Armagnac. Remove them from the pan and keep warm. In the same pan, add the thickened duck stock and finish the

sauce with butter. Adjust the seasoning.

3. Pour the sauce onto the bottom of the plate. Slice the

breasts and serve on top of the sauce. **EXCERPTED FROM BASIL, THYME, CORIANDER AND OTHER HERBS BY JEAN-PAUL GRAPPE (FITZHENRY & WHITESIDE, 2014)**

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## Canada Day Edition



## Get your special edition Captain Canuck comic

In celebration of Canada Day, Captain Canuck Inc. is releasing the first Captain Canuck Canada Day Edition.

From June 28 to July 1, the edition will be distributed free through comic book stores, public libraries, convenience stores and shopping malls across Canada. After July 1, it will be sold at comic book shops across Canada for \$2.99.

This 64-page edition will be packed with features, including two unique Captain Canuck stories featuring the classic and new Canuck, the ultimate Canadian comic book store and convention directory, and sneak peeks of what's coming up for all things Canuck. **METRO**

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**METRO**



## The ABCs of Canadian film



The ABCs of Canadian film is your crash course in the essential Canadian cinema. From the blood-soaked horror movies of the 1970s to the masterpieces of Atom Egoyan and David Cronenberg, it's everything you need to know about Canada at the movies. It all begins.

## Did Canada fund a "porn flick?"

If you paid taxes in the '90s, you helped fund what some people swear is a porn flick.

I'm talking about Bubbles Galore, a 1996 film made with more than \$100,000 in government grant money and starring real-life adult actress Nina Hartley. Canadian politicians and right-wing newspaper columnists denounced it as a "lesbo porn flick," "a monstrosity," and "scum."

The filmmaker called it an expression "of the right of women to take control of their image."

So what was it? A clever parody of the adult film industry or a soft-core porn masquerading as satire? Hear what adult film actress Nina Hartley told Metro about Bubbles Galore at [metronews.ca/abcsofcanadianfilm](http://metronews.ca/abcsofcanadianfilm).



## The first Canadian horror movie

From Black Christmas to Resident Evil, the Great White North has been a prolific producer of some of the best films the genre has to offer. But that's just the tip of the icepick.

The first-ever Canadian horror movie was 1961's The Mask. It was a trippy drive-in film about a man who puts on a grotesque haunted mask and is enveloped in an acid-trip netherworld of floating skulls and dancing demons. The possessed dream scenes, shot in 3D, are still pretty damn creepy today.

Get out your 3D glasses and watch The Mask in its entirety, and see our list of the top 10 Canadian horror movies ever made online.



Canadian film can be exciting, influential and groundbreaking — but if you're like most Canucks, you wouldn't even know it. That's where The ABCs of Canadian film comes in. This website offers everything you need to know about Canada at the movies — in 26 letters — from "eh" to zed. So this Canada Day weekend, love your country by turning on your DVD player, breaking out the maple syrup and watching these five landmark moments and movies in Canadian cinema history. Visit [metronews.ca/abcsofcanadianfilm](http://metronews.ca/abcsofcanadianfilm) for more.

COLIN MCNEIL  
[colin.mcneil@metronews.ca](mailto:colin.mcneil@metronews.ca)

# 5 reel moments in Canadian film history



## The little sci-fi movie that could

What do a handful of unknown actors, a single Toronto soundstage and \$600,000 get you? How about worldwide fame and undisputed status as a sci-fi cult classic.

At least that's what happened with Cube, the 1997 sci-fi film about seven strangers who find themselves stuck in a mysterious maze of interconnecting, fiendishly booby-trapped cubic rooms.

One of its more memorable scenes, in which a man is sliced into hundreds of flesh cubes by a fine metal mesh, even has the dubious honour of being homaged (some might say ripped off) in the first Resident Evil film. Watch the scene and judge for yourself on the site.

## Canuxploitation

Nifty word, isn't it? Back in the 1970s, the government created something called the 100 per cent Capital Cost Allowance (CCA), suddenly making it financially attractive to produce films here. These so-called tax-shelter years produced some of the weirdest, bloodiest and most influential Canadian films ever made. Black Christmas (pictured), My Bloody Valentine, and David Cronenberg's The Brood are just a few of the more popular Canuxploitation flicks to emerge from the tax shelter.



## Discovering Xavier Dolan



If you don't know the name already, you probably will soon. Xavier Dolan is Canada's hottest cultural commodity since the Trailer Park Boys. At just 25 years old, the young Montreal director is quickly becoming the new golden

boy of Canadian cinema, and he's only made five movies.

With a recent Jury Prize win at Cannes, Dolan is poised to break out of the festival scene and start making international box office hits.

Get to know this up-and-coming Canadian superstar before he makes his first blockbuster on the site, where we explore his first-ever feature-length film, I Killed My Mother.



# So you think you're a real Canadian, eh?



Toronto Mayor Rob Ford launches his re-election campaign at the Toronto Congress Centre in Toronto, April 17, 2014. TORSTAR NEWS SERVICE

**Trivia time!** Sure, you may be able to tell Bieber from a beaver, but how up are you on the latest, greatest Canadian news?

**1. This cheeky Saskatchewan-based film about an unusual public servant screened at Cannes in May and is already greenlit for a sequel.**

- A) Constable Badger
- B) Wolfcop
- C) Five Alarm Vampire

**2. Toronto Mayor Rob Ford unwittingly provided a public debut of his Jamaican patois in a video secretly recorded at which restaurant?**

- A) Steak Queen
- B) The King's Carvery
- C) The Jester's Jingle

**3. A trio of Quebec prisoners spent a few June days on the lam after a prison escape with help from which vehicle?**

- A) Laundry truck
- B) Helicopter
- C) A prison guard's minivan

**4. Much of Canada spent the winter cursing this weather phenomenon and its record-smashing cold.**

- A) The arctic avenue
- B) The winterfell trail

C) The polar vortex

**5. Which activity at the Vancouver Aquarium drew the scorn of animal activists in November?**

- A) Yoga With Belugas
- B) Water Colours With Otters
- C) Selfies With Stingrays

**6. A rather rude vandal raised hackles in Windsor after crafting a public park shrub into what shape?**

- A) A middle finger
- B) A penis
- C) A crack pipe

**7. A Manitoba mom was less than pleased when her kids' school gave them which snack to "balance" their packed lunch?**

- A) Triscuits
- B) Ritz Crackers
- C) Goldfish Crackers

**8. Which Canadian comedy series will return to Netflix this fall after a long TV absence?**

- A) The Kids In The Hall
- B) The Red Green Show
- C) Trailer Park Boys

**9. Nudists who dwell on Vancouver's Wreck Beach could barely conceal their anger over plans for what?**

- A) A new police tent
- B) A nearby salmon hatchery
- C) A weekend Starbucks kiosk

**10. Justin Bieber added an Australian mayor to his enemies list after doing what in his city?**

- A) Spray painting a wall
- B) Boxing a kangaroo
- C) Driving on the wrong side of the road

COMPILED BY ANDREW FIFIELD

Question 10: A  
Question 9: A  
Question 8: C  
Question 7: B  
Question 6: B  
Question 5: A  
Question 4: C  
Question 3: B  
Question 2: A  
Question 1: B

Answers

## All hail Caesar

Canuck to its core, the first Caesar was invented in 1969 at the Owl's Nest Bar in Calgary, so there is no more fitting drink to raise in honour of Canada Day.

We are mixing up three recipes from Clint Pattemore's new book *Caesars: The Essential Guide to Your Favourite Cocktail* (Random House) to celebrate the nation's 147th birthday.



### Cucumber-infused Caesar

- 4 slices cucumber
- 2 dashes Tabasco sauce
- 3 grinds fresh cracked salt and black pepper
- 1 oz (30 ml) gin
- 4 oz (120 ml) Mott's Clamato Cocktail
- Rim: Fresh cracked salt and black pepper
- Garnish: Cucumber slice; fresh cracked salt and black pepper



In a mixing glass, muddle everything but the gin and Mott's Clamato Cocktail. Add the gin and Mott's Clamato Cocktail, and stir well to mix and spread the flavours around. Rim a highball glass and fill to the top with ice. Strain the mixture into the highball glass, and garnish.

### Fireworks Caesar

- 3 dashes hot sauce
- 2 grinds fresh cracked salt and black pepper
- 1/2 jalapeño pepper
- 1 garlic clove, minced
- 1/2 green onion
- 1 oz (30 ml) blue agave tequila
- 4 oz (120 ml) Mott's Clamato Cocktail
- Rim: Celery salt with cayenne
- Garnish: Spicy prawn on a skewer



In a mixing glass, muddle everything but the tequila and Mott's Clamato Cocktail. Add the tequila and Mott's Clamato Cocktail, and stir well to mix. Rim a highball glass and fill to the top with ice. Strain the mixture into the highball glass, and garnish.

### Stampede Caesar

- 1 oz (30 ml) Alberta premium rye whiskey
- 4 dashes Worcestershire sauce
- 2 dashes hot sauce
- 3 pinches steak spice
- 3 grinds fresh cracked salt and black pepper
- 1 oz (30 ml) beef stock
- 3 oz (90 ml) Mott's Clamato Cocktail
- Rim: Fresh cracked salt and black pepper with steak spice
- Garnish: Grilled Alberta flank steak on a skewer



Rim a highball glass with citrus and rimmer. Fill the glass to the top with ice. Add the ingredients in the order listed. Stir well to mix the cocktail, and garnish.

EXCERPTED FROM CAESARS BY CLINT PATTEMORE, PHOTOGRAPHY BY RYAN SZULC, © 2014 CANADA DRY MOTT'S INC. EXCERPTED BY PERMISSION OF APPETITE BY RANDOM HOUSE, A DIVISION OF RANDOM HOUSE OF CANADA LTD., A PENGUIN RANDOM HOUSE COMPANY. ALL RIGHTS RESERVED.



HANDOUT



# Mixing wood tones

**Basics of interior design.** Wood, like any other interior decorating element, has a shelf life



**DESIGN CENTRE**  
Karl Lohnes  
home@metronews.ca

One of the hardest renovating or decorating decisions is choosing wood tones for items like flooring and kitchen cabinets. Not only do they cost a lot of money, but must stand up to at least a decade of changing trends.

The secret to making the right choice is to consider how you live and what other wood elements you have gravitated to over time.

For instance, do you have a large collection of antique pine furnishings or do most of your picture frames have a certain stain colour that you enjoy? This might be the start to making a large purchase of

## Follow this example

### Three-tone perfection

A room looks best when decorated with no more than three wood tones: Dark wood floors, medium wood furniture and pale wood wall create the perfect example.

a longer-lasting wood product for your home.

Here are some guidelines to help you choose:

#### Contemporary or traditional

The lighter the wood tones, the more casual or contemporary the space will feel. The darker the tones, the more traditional or masculine the space will appear.

#### The magic of a trifecta

Do not incorporate more than three different woods in any given space — for instance, chestnut coloured floors, cherrywood cabinets and a pine table. More



CRATEANDBARREL.COM

than three will look over-collected and junky.

#### Give inherited pieces a new finish

If you inherit a fine piece of furniture, consider having it re-finished in a more up-to-date stain that helps blend it into your established decor.

#### Follow big trends in small accessories

Influenced by a trend tone of wood? Use it in small furnishings like side tables or in room accessories like storage boxes or lamps.

#### Fell mighty 'builder' oak with paint strokes

Too much "builder" oak wood around your home? Consider painting baseboards, interior doors, mantels and stair handrails to match an existing paint colour (usually white).

#### Cherry-pick your colours

You can often look to your home's architecture for inspiration in wood tones. For instance, an Arts and Crafts

space can feature cherry wood. Pale light tones survive well in a boxy, modern space and deep mahogany looks best in a space with historical charm.

#### Give matchy-matchy a pass

Matching all wood elements can look too predictable. Varying the wood's stain colour by using lighter or darker tones helps add visual variety without overwhelming the room with too many types of wood.

#### What decade does your wood say you are?

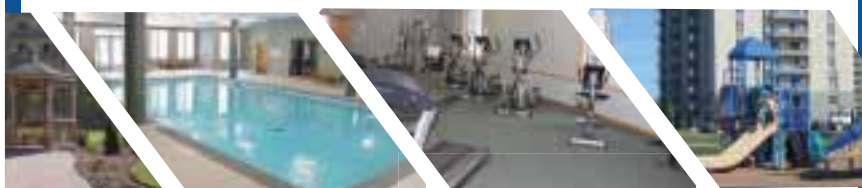
Every decade has its trend wood: 1970s, knotty pine; 1980s, golden oak; 1990s, blonde maple; 2000, espresso/ebony; 2010, driftwood oak.

#### Refresh outdated wood

And lastly, we all know men act like wood is gold, and it should never be painted. If the wood in your home is outdated, then it's time for a change. Re-stain or paint it to give it another five to 10 years of life.

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## Nest. Opening the doors to the smart home with its developer program

Nest, the Google-owned company that has already made a name for itself thanks to its smart, learning thermostat wants to open up its software platform to other companies so that different devices — from ovens and light bulbs to fitness trackers and even cars — will all be on speaking terms when the Internet of things becomes the next big thing.

To ensure that the home of the future is truly connected rather than digitally segregated, Nest is launching a developer program that will let any company or individual access its software in order to create apps and other features that plug into or interact with Nest products.



Learning  
Thermostat NEST

"The Nest Learning Thermostat and Nest Protect alarm are already helping people save energy, stay comfortable, and improve home safety — but that's only the beginning," said Matt Rogers, founder and vice-president of engineering, Nest. "Our goal has always been to bring this kind of thoughtfulness to the rest of your home and life — and that's what the Nest Developer Program is all about. To kick off the program, we've worked with iconic brands like Mercedes-Benz and Whirlpool, as well as new industry leaders like Jawbone and LIFX, to build seamless, secure and practical Works with Nest experiences for the home."

#### Car controlled

Mercedes-Benz has already developed a feature that connects its cars to the Nest thermostat so that as the car arrives, the thermostat powers up and when the car pulls away it powers down. And of course, the thermostat can also be accessed via the car's infotainment system for fine tuning.

#### Sleep patterns

In a similar move, Jawbone's UP smartband knows when

you're asleep and when you're awake and can use this information to make the thermostat even more efficient.

#### Smoke alarm

As for Nest's smoke alarm, protect, LIFX, which makes connected lighting systems, has developed a feature that will make the lights throughout your home glow red when elevated levels of smoke or carbon monoxide are detected.

"When we first heard about the Nest Developer Program, we knew we wanted to be a part of it," said Phil Bosua, LIFX founder and CEO.

"Nest brings a whole other dimension to LIFX. Who would have thought by combining Nest products and LIFX products, we could help save lives?"

#### Goggle voice recognition

But this is just the start, Google voice integration will be coming later this year so that homeowners will be able to speak to all of their Nest-integrated connected devices and, of course, as more companies join the developer program, further features integrations and services will be announced. **AFP**



# Food, drink, sparklers ... and selfies

**Canada Day.** Simple tips to throw the perfect barbecue

HELEN  
RACANELLI  
For Metro

Canada Day is the perfect occasion to host a backyard party. The weather is fine, everyone is in a great mood because it's a long weekend and a national holiday, and backyards are at their best in July.

"With most other holidays being family focused, July 1st gives us the opportunity to catch up with our neighbours, and their families and friends as well," says Danielle Reid, whose family throws a huge party every Canada Day in their neighbourhood. Here's how to throw a memorable Canada Day party in your backyard.

## Plan a great guest list

"Take the time to think out your guest list. You want to keep it manageable," says Reid. "We always like to make sure

we spread the love around from our various circles, while not isolating anyone in the process." She uses a simple rule of thumb: she invites guests who know at least one other person at the party besides the hosts. A backyard party is an informal occasion, so invites can go out by phone calls, emails and texts.

## Provide lots of food and drink

The food doesn't have to be fancy and neither do the drinks, but it's not a real backyard summer party without an abundance of munchies and beverages.

"Everyone loves hamburgers and hotdogs and they are easy to prepare — so start with that," says Reid.

## Keep it red, white and simple

In terms of serving the refreshments, purchase some colourful red cups for drinks and a couple of large galvanized steel buckets to fill with ice, suggests McNally. "Throw some bottled water, San Pellegrino or Perrier, juices, coolers, and beer into the buckets for guests to help themselves to as needed," she says.



Canada Day long weekend is the perfect time for a backyard party. SHUTTERSTOCK

## Create a backdrop for party photos and selfies

Guests love a good photo opportunity. Create a photography backdrop for lots of memorable group photos and Instagram selfie moments.

"Encourage guests to take photos of themselves and each other posing in front of your DIY backdrop," McNally says.

Here's how to do it: If you have a fence, tape Canadian flags to a portion of it. Or if you

have a wooden fence or side of a house to work with, use sidewalk chalk or washable paint to draw a flag or write Happy Canada Day! on it.

## Add music

Take your party up a notch with music. "Hire a live cover band if your budget allows it," McNally says.

The Reid family appoints a DJ to spin tunes starting from noon to the end of their party. No budget? No problem. Load

up your iPod with your favourite Canadian indie-rock music and connect it to a speaker. Or you can even play music using online music streaming services such as Rdio or Songza, McNally suggests, adding that Songza probably will have a Canada Day playlist.

## Add sparklers

Canada Day calls for a little bit of firecrackling fun. "A fun centerpiece idea that is also easy to assemble and inexpen-

## Grilling tips

Barbecue for a crowd with these tips from Weber grill specialist, chef Michael P. Clive.

- **Prep your grill.** Scrub the grill grates, and don't forget to clean out the grease pan underneath. Keep a spare propane tank on hand.
- **Keep the lid down.** "Looking is not cooking," Clive says. Opening it up constantly to view the progress is only going to slow down the process and frustrate your hungry guests, he says.

sive is mason jars or galvanized silver buckets filled with sand," says McNally. Then add paper Canada flags and sparklers stuck in the sand for guests to take out, light and wave around once the sun has gone down, she suggests.

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# Get your red and white on

*Value Village has everything you need for Canada Day celebrations, for less*

Looking to show some patriotism this Canada Day?

You don't have to spend a fortune on brand new clothes or home accessories in red and white. Your local Value Village has all the quality used clothing and household items you need to do justice to the birth of our nation — or at least celebrate it in style.

The aisles at Value Village are packed with potential. Every Value Village stocks an ever-changing selection of about 100,000 items on the sales floor, and since 5,000 to 10,000 new items are added to the sale floor each day, there's always something fresh, whether you're looking for a one-time Canada Day outfit (red and white all over, of course), or something to treasure forever.

"At Value Village you can find clothing and accessories from many eras and designers in one place," explains Tony Shumpert, Vice President of recycling operations for Value Village. "Style is all about creativity and

individualism, and keeping fashion interesting requires your imagination.

"In a traditional retail environment it's next to impossible to find such a diverse selection. We have so much to offer that it's hard not to find something good," says Shumpert. "It's a great way to discover that unique piece that nobody else has — we have some real gems."

You'll find that uniqueness factor in the housewares section just as much as you will in the clothing aisles.

Impress your friends when they come over for a Canada Day barbecue: make the cake batter in a mint green mixing bowl. Adorn your table with wheat bouquets in a vintage milk bottle. Carve your steaks with antler-handled steak knives. Serve your grilled meal on a fun mix-and-match array of plates.

"You never know what you'll find here," says Shumpert. "There's always something fun and interesting."

Visit [valuevillage.com](http://valuevillage.com).



CONTRIBUTED PHOTOS

## IT STARTED WITH PURPLE HEART THRIFT STORE IN 1954

Value Village has its roots as the Purple Heart Thrift Store, which opened its doors in 1954 in an old theatre in San Francisco's Mission District.

Much as the company has grown and evolved, but its values have remained constant.

"For 60 years our purpose has been to do well while doing good at the same time," explains Tony Shumpert, vice president of recycling operations for Value Village.

In that first store, Value Village founder William Ellison partnered with charitable organization the Military Order of the Purple Heart.

Within 12 years the company had expanded to stores across California, Oregon and Washington, and in 1971 the company moved its headquarters to Seattle.

In 1980, the company opened its first international store: Value Village on Hastings Street in Vancouver, partnered with the Developmental Disabilities Association.

The company quickly multiplied its Canadian locations, and today there are 125 locations across Canada, with more opening soon.



## If you aren't using them...

In Canada, green is our way of life — not just because of our vast forests and grasslands, but because of the way individual Canadians have embraced the three Rs: reduce, reuse, recycle.

Be a part of the green movement this Canada Day: shop second-hand and donate your reusable clothes and household items at organizations like Value Village.

On average, each North American throws away more than 68 pounds of clothing and textiles each year. Buck the trend.

Nearly 100 per cent of used clothing is reusable or recyclable, so instead of tossing the items you don't need anymore into the trash, donate them.

Value Village is one of the largest recyclers of used clothing in the world — keeping more than 1.8 million pounds (that's 600 mid-size cars!) of quality goods from landfills each day by selling reusable items in-store and responsibly recycling items unsuitable for resale.

Last year, 329 million tops, 59 million pairs of shoes, 114 million pairs of pants and 28 million coats were repurposed.

Donating your reusable clothing and household items at Value Village is a win-win. Your items will be diverted from a landfill, preserving the environment and helping reduce greenhouse gas in the atmosphere that would result from its decomposition.



# Celebrate Canada Day & Save!



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# Messi vs. Nigeria: out of this world

**World Cup.** In final match of group play, global superstar takes his game to next level

Argentina beat Nigeria 3-2 in their last World Cup group match on Wednesday, with Lionel Messi and Ahmed Musa scoring two goals each before Marcos Rojo kneed in the winner.

Argentina won Group F while Nigeria also advanced despite the loss, becoming the first African team in the round of 16 in Brazil.

Messi had his best match of the World Cup so far, scoring twice in the first half to boost his tournament total to four goals, and repeatedly cutting up Nigeria's defence with dazzling runs and clever passes.

"We played against a team that wanted to play," Messi said. "I think we saw a good Argentina. We need to continue on this path."

The Argentina captain needed less than three minutes to finish Nigeria goalkeeper Vincent Enyeama's clean sheet in Brazil, slamming in the rebound after Angel Di Maria's shot bounced off the post. Nigeria replied within a minute as Musa cut in from the left and beat Sergio Romero with a curling shot toward the far post.

Nearing halftime Messi tested Enyeama with a 25-metre free kick that the 'keeper struggled to push to a corner. Having found his aim, Messi was ice cold when Nigeria gave up another free kick just moments later. This time Enyeama was



Lionel Messi of Argentina celebrates scoring his team's first goal during its Group F match against Nigeria on Wednesday in Porto Alegre, Brazil. PAUL GILHAM/GETTY IMAGES

## Group F

3

Argentina

2

Nigeria

- Tragedy struck in Nigeria before the match, as an explosion rocked a mall in the capital, Abuja, and police said at least 21 people were killed. Go to page 7 for more.

stunned as the ball slipped in just inside the post.

"Messi is one of heck of a player, he's blessed. You can't take it away from him," Nigeria coach Stephen Keshi said. "Messi is from Jupiter, he is different."

Tens of thousands of Argentine fans had travelled to Porto Alegre for the match, taunting Brazilian spectators by singing "Maradona is greater than Pele" at the 44,000-capacity stadium.

The Brazilians booed and held up five fingers to remind the Argentines of how many World Cups they've won.

## AUGMENTED REALITY

→ Scan this image with your Metro News app to view a gallery of the goings on from Day 14 of the World Cup.

→ See the full instructions on Metro's Voices page.



Argentina has two.  
THE ASSOCIATED PRESS

## NHL

### Pens sign Johnston as new head coach

The Pittsburgh Penguins have hired Mike Johnston as the team's new head coach.

Johnston replaces Dan Bylsma, who was fired on June 6.

The 57-year-old Johnston, introduced at a Wednesday news conference, spent the past six years with the Portland Winterhawks of the Western Hockey League. He previously served as an NHL associate head coach with the Los Angeles Kings and Vancouver Canucks.

THE ASSOCIATED PRESS

## Tennis

### Djokovic wins wild one at Wimbledon

Top-seeded Novak Djokovic advanced to the third round at Wimbledon with a 6-4, 6-3, 6-7 (5), 7-6 (5) win Wednesday over Radek Stepanek in a match that featured only two service breaks.

Djokovic lost in last year's Wimbledon final to Andy Murray.

THE ASSOCIATED PRESS



Top seed Novak Djokovic returns a ball to Radek Stepanek at Wimbledon on Wednesday.

THE ASSOCIATED PRESS

# Padres fall prey to Lincecum's no-no



The Giants' Hector Sanchez approaches the mound after Tim Lincecum threw a no-hitter against the Padres on Wednesday. JASON O. WATSON/GETTY IMAGES

Tim Lincecum's days of dominance may be in the past. That doesn't mean he can't dial up flashes of the Freak he once was — especially against the San Diego Padres.

Lincecum pitched his second no-hitter against the Padres in less than a year, allowing only one runner Wednesday and leading the San Francisco Giants to a 4-0 win.

"I've always been that guy who will kind of go for the strikeout," Lincecum said. "I think my first no-hitter I had 13, so I think I was going for

## On Wednesday

4

Giants

0

Padres

those a little bit more often."

"Today I tried to be a little bit more efficient and take what they were going to give me. They were giving me a lot of groundballs and a lot of pop

flies, so I was just going to try to keep attacking the way that I was," he said.

Lincecum shut down the weakest-hitting team in the majors, striking out six and walking one in a 113-pitch outing — 35 fewer than he needed last July 13 against the Padres in his first no-hitter.

He retired the last 23 batters after walking Chase Headley in the second. Though the Padres hit a few balls hard, the Giants didn't need any exceptional plays to preserve Lincecum's gem. THE ASSOCIATED PRESS



## Horoscopes

### Aries

March 21 - April 20

Don't stand back and watch life pass you by. Aries is a cardinal sign, meaning you have more drive than most, so there can be no excuses for not getting out into the world and making things happen. Go for it!

### Taurus

April 21 - May 21

The world is a wonderful place and what happens over the next 48 hours will remind you how much is possible if you have a positive outlook on life.

### Gemini

May 22 - June 21

You will get what you deserve today and tomorrow. If you have worked hard you will gain in ways that delight you, but if you have stayed in your comfort zone rewards will be limited.

### Cancer

June 22 - July 23

In a matter of days you will be doing things you hardly dared dream of just a short time ago. So much is possible for you now. All it needs is for you to be confident and be ready to act fast when the time is right.

### Leo

July 24 - Aug. 23

If there are any ill feelings between you and a loved one, you must sort it out over the next 24 hours. Yes, they can at times be a pain. But bearing grudges is always self-defeating.

### Virgo

Aug. 24 - Sept. 23

You will get the proverbial offer you cannot refuse today but if you are smart that is exactly what you will do. The planets indicate that there will be better offers coming your way before the end of the week — and lots of them.

### Libra

Sept. 24 - Oct. 23

Tomorrow's new moon will bring with it an opportunity to move up in the world, but it won't come for free. Is it a trade worth making? The fact is you cannot afford not to.

### Scorpio

Oct. 24 - Nov. 22

Some people complain that they never get the breaks but you know that's rarely true. What you get out of life has to be earned and over the next three days you'll find the more you give the more you get.

### Sagittarius

Nov. 23 - Dec. 21

Use your energy wisely today because if you waste it on trivial things you could pay for it tomorrow. Don't listen to what others say is important, listen only to your inner voice.

### Capricorn

Dec. 22 - Jan. 20

Take what happens today as a challenge rather than a setback. Everything that occurs in your life has a meaning behind it and a lesson to be learned. Fate is rarely unkind.

### Aquarius

Jan. 21 - Feb. 19

If you make a mistake today just admit it and move on. Life is a succession of tests and the powers that guide your life do not expect you to pass every one of them, at least not first time. You'll do better tomorrow.

### Pisces

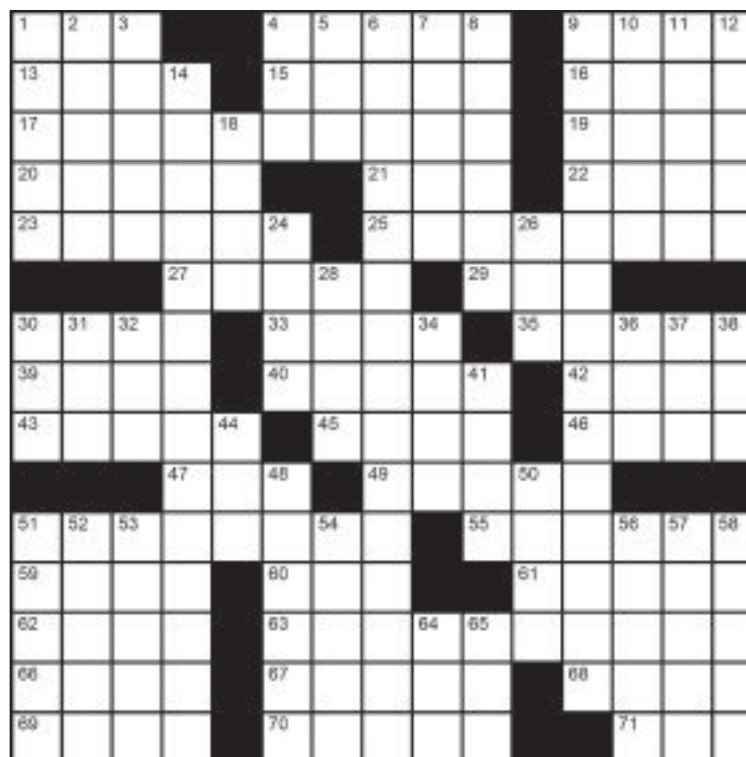
Feb. 20 - March 20

The approaching new moon falls in the most dynamic area of your chart, so don't hesitate to take advantage of what happens over the next few days. Remember to use your energy wisely. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Goldie, to Kate
4. "Why \_\_\_\_\_ longer getting a signal?" (Satellite TV user's query)
9. Quick
13. Sarah McLachlan hit
15. Mil. mission type
16. Sailor's call!
17. Newfoundland folk tune: "The \_\_\_\_\_ Soiree"
19. Hawk
20. Its opposites
21. Vitality
22. Possess
23. "Dynasty" diva
25. Band for Canadian rocker Tom Cochrane: 2 wds.
27. Fennel-like flavour
29. Bolivia's leader Mr. Morales
30. Mountain lake
33. "Paperback Writer" bit: "Based on a novel by a man named \_\_\_\_\_"
35. Classic 'Degraasi' nicknamed character
39. Cargo platform
40. Madagascar animal
42. Cancel
43. Small role
45. Nero's 602
46. Australian band
47. Cloth
49. Empire of Mexico
51. Fans of Captain James T. Kirk's show
55. Real



59. Large, for one
60. Li'l sandwich
61. Western hit song for Canadian actor Lorne Greene
62. Canadian actress Ms. Matchett
63. Aria, for one: 2 wds.

66. Coup d' \_\_\_\_\_
67. Canadian \_\_\_\_\_ Company
68. Beach's blanket?
69. Dart
70. Avian abodes
71. Lefts opp.

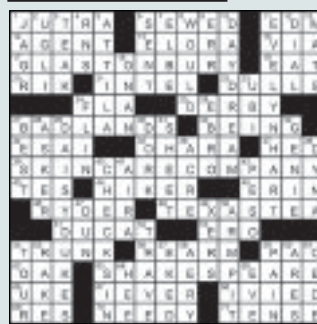
### Down

1. "\_\_\_\_\_ wish!"
2. "Entertainment Tonight" host Nancy
3. Thousand: French
4. Evita's li'l land
5. Sea: French
6. "...and \_\_\_\_\_ in the air..." - Joni

Mitchell, "Both Sides Now"  
7. "\_\_\_\_\_ tells us!" (Finally that guys speaks!)

8. \_\_\_\_\_ kick, as in football
9. \_\_\_\_\_: The Pleasures and Perils
- of Dress in the 19th Century (Current exhibition at Toronto's Bata Shoe Museum)
10. Onward
11. Crack
12. MTM's 'T'
14. Three-time Mayor of Halifax who founded a still-existing-to-day brewery in 1820: 2 wds.
18. "Beauty \_\_\_\_\_ the eye...": 2 wds.
24. Window part
26. Campers, commonly
28. Grape's inner
30. Cdn. place to buy stuff on TV
31. Alias indicator
32. Flange
34. Pablo \_\_\_\_\_ y Picasso (b.1881 - d.1973)
36. Chicago's third-tallest building, \_\_\_\_\_ Center
37. Cereal brand
38. Mr. Asner's
41. Ms. Moreno
44. Tree type
48. Guitar manufacturer
50. Beige
51. Tut-tutted
52. Lasso
53. Poet Mr. Pound's
54. Secretly wed
56. Open, as a cage
57. Broker
58. UK's House of \_\_\_\_\_
64. Meal morsel
65. 'Street's Disciple' artist

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku

2	4	6	7	5	8	3	9	1
8	3	5	1	4	9	7	2	6
1	7	9	2	3	6	4	8	5
4	1	2	6	9	7	5	3	8
6	5	8	3	2	1	9	7	4
3	9	7	4	8	5	6	1	2
7	6	4	9	1	2	8	5	3
9	8	1	5	6	3	2	4	7
5	2	3	8	7	4	1	6	9

4		3		9				6
				3			1	
			5			8		7
		7						4
		2	9		1	8		
	6						5	
	8		4				6	
		1			7			
5				2		7		3

**Today**

24°/15°  
Variable

**Friday**

25°/15°  
Variable

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